

# **Declaration**



# Sahyadri Shikshan Sanstha's Arts and Science College Sawarde



(B.A, B.Com., B.M.S)

(Affiliated to University of Mumbai)

A/p Sawarde Tal.Chiplun Dist.Ratnagiri 415606 (MH)

Office: (02355) 295415

E-mail: [artscollegesawarde@rediffmail.com](mailto:artscollegesawarde@rediffmail.com)

Ref no.: SSSASCS/

Date:


16/04/2024

## Declaration

This is to declare that the information, report, true copies of the supporting documents, numerical data, etc. submitted/presented in this file is verified by Internal Quality Assurance Cell (IQAC) and is correct as per the record. This declaration is for the purpose of NAAC accreditation of HEI for 1st Cycle period of 2018-19 to 2022-23.

  
IQAC Coordinator



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri

# **Best Practice - I**



# Sahyadri Shikshan Sanstha's Arts and Science College Sawarde

(B.A.,B.Com.,B.M.S)  
(Affiliated to University of Mumbai)



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Ref no.: SSSASCS/

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## Best Practice – I

1. **Title of the practice:** Health services (blood group and Hemoglobin checkup of Girl students)

2. **Objectives of Practice:**

- **Health Awareness Promotion:** To implement regular blood group and hemoglobin checkups for female students to increase health awareness and promote preventive healthcare practices.
- **Student Well-being:** To ensure the well-being of female students by providing access to essential health services, facilitating early detection of potential health issues, and promoting a culture of proactive health management.
- **Data-Driven Approach:** To utilize data collected from checkups to monitor trends in blood group distribution and hemoglobin levels among female students, enabling targeted interventions and resource allocation based on identified health needs.
- **Continuous Improvement:** To evaluate the effectiveness of the health services initiative through feedback mechanisms and periodic reviews, aiming for continuous improvement in the delivery and impact of services over time.

3. **The Context:**

Recognizing the significance of addressing health disparities and promoting gender-sensitive healthcare, particularly in educational institutions, our college has undertaken the initiative to provide specialized health services tailored to the needs of female students. Within the broader context of promoting holistic student development and well-being, this initiative aligns with our institution's commitment to fostering a supportive and inclusive campus environment. Furthermore, amidst evolving healthcare challenges and the importance of preventive measures, the implementation of regular blood group and hemoglobin checkups reflects our proactive approach to promoting student health and resilience.

This initiative not only addresses immediate health concerns but also contributes to the long-term health and academic success of our female student population.

4. **The Practice:**

The implementation of regular blood group and hemoglobin checkups for female students constitutes a cornerstone of our college's commitment to proactive healthcare and student well-being. This practice involves the establishment of dedicated health clinics or mobile health units

within the campus premises, equipped with trained healthcare professionals and necessary diagnostic tools.

Each academic year, female students are provided with opportunities to undergo comprehensive health screenings, including blood group typing and hemoglobin level assessments. These screenings are conducted in a confidential and supportive environment, ensuring the privacy and dignity of participating students.

Additionally, efforts are made to accommodate diverse schedules and preferences, with flexible appointment scheduling and multiple screening sessions offered throughout the academic term. The practice is underpinned by a holistic approach to student health, encompassing not only the detection and management of existing health conditions but also health education and promotion. Alongside the screenings, students are provided with educational resources and counseling sessions on topics such as nutrition, stress management, and preventive healthcare measures. This integrated approach aims to empower students with the knowledge and skills necessary to make informed decisions about their health and well-being.

Importantly, the practice is guided by principles of inclusivity and equity, recognizing the diverse needs and backgrounds of our student population. Efforts are made to remove barriers to access, including financial constraints and transportation limitations, through subsidies for screening costs and the provision of on-campus transportation services. Furthermore, culturally sensitive approaches are employed to address potential cultural barriers and promote participation among students from diverse socio-cultural backgrounds.

In summary, the practice of regular blood group and hemoglobin checkups for female students reflects our college's proactive stance on student health and well-being. Rooted in a holistic and student-centered approach, this practice embodies our commitment to fostering a culture of health consciousness and empowerment within our campus community. Through ongoing evaluation and adaptation, we strive to ensure that our health services remain responsive to the evolving needs and aspirations of our students, driving positive health outcomes and promoting student success.

#### **5. Evidence of success:**

Over the past five years, our initiative has seen a consistent rise in female student participation rates in blood group and hemoglobin checkups. Quantitative analysis reveals improved health indicators, such as early anemia detection. Qualitatively, student feedback highlights increased health awareness and access to supportive resources. Observations from

faculty and staff indicate cultural shifts towards proactive health discussions. External recognition through awards further validates the initiative's success in promoting student health and fostering a supportive campus environment.

#### **6. Problems encountered and resource required:**

- **Resource Constraints:** Limited funding hampers scaling and equipment procurement.
- **Infrastructure Limitations:** Space shortages challenge clinic setup.
- **Staffing and Training Needs:** Recruitment and training key for skilled personnel.
- **Transportation and Accessibility:** Off-campus student access remains a concern.
- **Socio-cultural Barriers:** Addressing stigma and cultural norms crucial for participation.

#### **Resources Required:**

- Increased funding for equipment, personnel, and educational materials.
- Infrastructure upgrades to accommodate expanded services.
- Ongoing staff training and recruitment efforts.
- Provision of transportation services for off-campus students.
- Tailored outreach to address cultural barriers and boost participation.



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Ref no.: SSSASCS/

Date:

## BEST PRACTICE

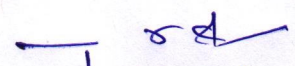
### HEALTH SERVICES (Blood Group and Hemoglobin Checkup)

Blood group and hemoglobin checkup is a best practice of our college.

Under this activity blood group and hemoglobin of girls admitted to first second and third year are checked in the Second half of academic year. Teachers and students from senior college are involved in this activity. Those girls whose blood hemoglobin is found below levels are suggested with a diet that can help in increasing their hemoglobin. MBBS doctor has suggested the syrups and tablets on their prescription sheet.

Year	<u>Blood groups</u>								Total Number of Beneficiaries
	A+ve	B+ve	AB+ve	O+ve	A-ve	B-ve	AB-ve	O-ve	
2018-19	28.57%	23.81%	14.29%	19.05%	0.00%	4.76%	0.00%	9.52%	21
2019-20	32.43%	24.32%	13.51%	21.62%	5.41%	0.00%	0.00%	2.70%	37
2021-22	23.81%	33.33%	11.90%	16.67%	2.38%	2.38%	2.38%	7.14%	42
2022-23	31.37%	25.49%	17.65%	11.76%	5.88%	3.92%	3.92%	1.96%	51



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606



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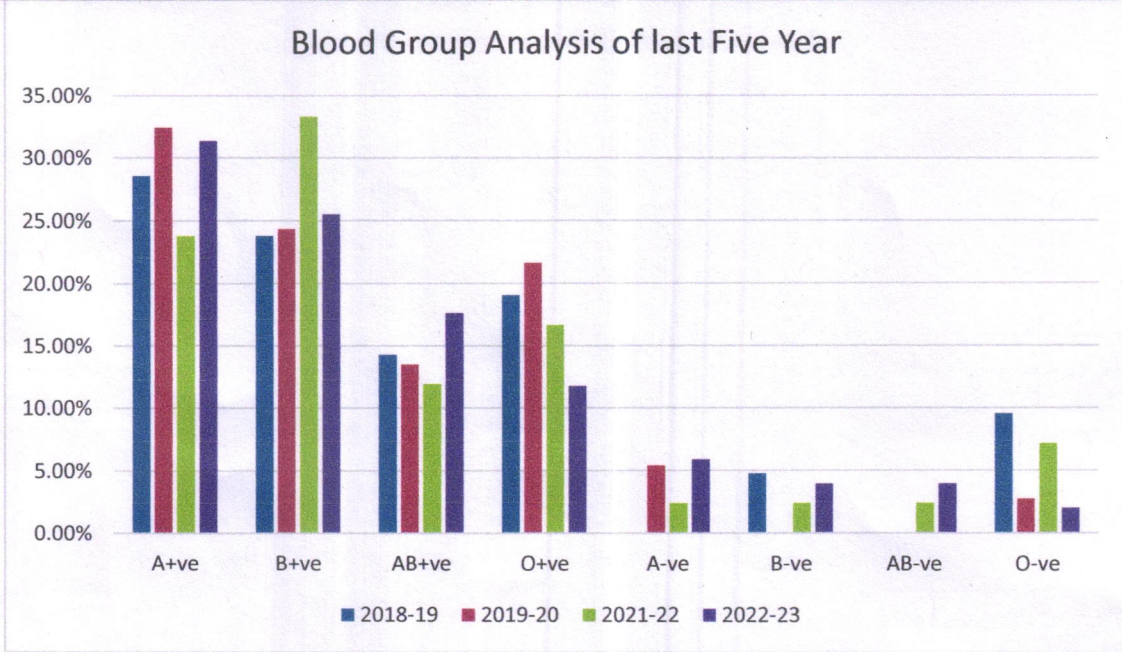


Office: (02355) 295415

E-mail: artscollegesawarde@rediffmail.com


Ref no.: SSSASCS/

Date:



Year	<u>Blood Hemoglobin</u>						Total Number of Beneficiaries
	9-9.9	10-10.9	11-11.9	12-12.9	13-13.9	14 Onwards	
2018-19	4.76%	9.52%	9.52%	14.29%	23.81%	38.10%	21
2019-20	35.14%	0.00%	0.00%	13.51%	45.95%	2.70%	37
2021-22	35.71%	0.00%	0.00%	26.19%	33.33%	2.38%	42
2022-23	39.22%	0.00%	0.00%	23.53%	37.25%	0.00%	51



  
**Principal**  
 Arts & Science College, Sawarde  
 Tal. Chiplun, Dist. Ratnagiri 415606





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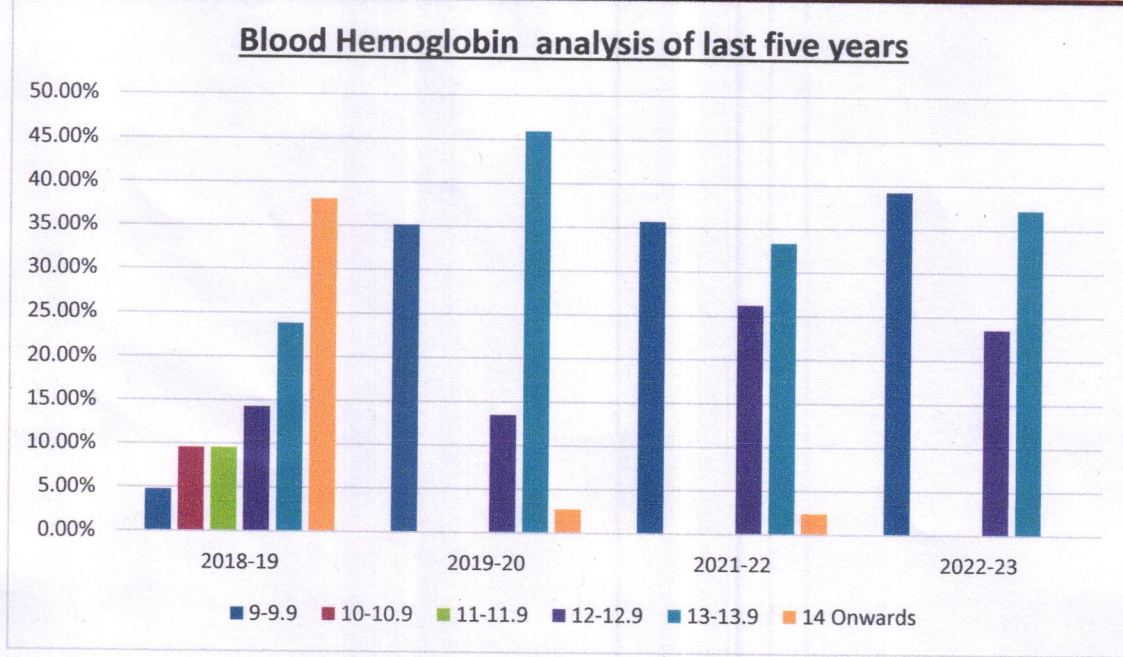


Office: (02355) 295415

E-mail: artscollegesawarde@rediffmail.com

Ref no.: SSSASCS/

Date:




## Evidence of Success:

- This practice has succeeded in developing awareness about anemia
- It has helped in improving hemoglobin percentage in anemic girls
- It has helped in identifying girls with Rh negative blood groups. These girls were counseled related to importance of Anti – D injections and consequences related to pregnancy.
- This Practice has helped in creating awareness regarding natural diet that can help in maintaining hemoglobin at optimal levels.

Head of Department



  
Principal  
Arts & Science College, Sawarde  
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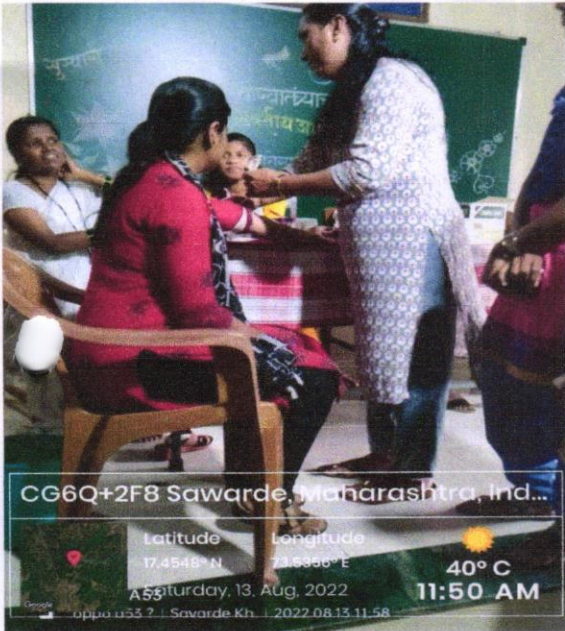


Office: (02355) 295415

E-mail: artscollegesawarde@rediffmail.com


Ref no.: SSSASCS/

Date:



Sample Photos of Blood group and hemoglobin checkup Camp organized in last five years.  
(Except Covid 19 Period)



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606

Patient's Name: \_\_\_\_\_

To,

The Principal.

Arts & Science college Sawade.

With Ref to health checkup camp organised in your college I am suggesting following Tabls/groups.

for those with low Hb level (Anemia)

↳

→ T. Hb. 2gX 0-0-1 x 3 months (For Hb < 9)

→ Supr Tonofusion 5ml — 5ml x 2 months (For Hb > 9)

→ Supr Molec 10ml for all above statment.)

Kindly circulate this Rp to students with low Hb.

  
Dr. Anup Karmarkar  
M.B.B.S., F.C.P.S. Medicine, A.F.I.H.  
Reg. No. 2008/08/3166

Mobile: +91 820 813 4178 | House No. 3164, Tilak Lane, Ratnagiri | Pin - 415612

Patient can buy generic or cheaper medication as per his choice.

Patient's Name: \_\_\_\_\_

To,  
The Principal,  
Arts & Science college Sawande.

With Ref to health checkup camp organised in  
your college I am suggesting following tabs/groups.

For those with low Hb. level (Anemia)

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→ T. Hb. 2gx 1 x 3 months (For Hb < 9)

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Kindly circulate this R<sub>x</sub> to students with low Hb.

Dr. Anup Karmarkar  
M.B.B.S., F.C.P.S. Medicine, A.F.I.H.  
Reg. No. 2008/08/3166

Mobile: +91 820 813 4178 | House No. 3164, Tilak Lane, Ratnagiri | Pin - 415612

Patient can buy generic or cheaper medication as per his choice.



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Ref no.: SSSASCS/

Date:


Date-21/12/2018

**A.Y. 2018-19**

**Notice**

All the students of FY/SY/TY B.A. are here by informed that, In accordance with our health and safety protocols, we are issuing a notice regarding mandatory blood testing for all girls who were dated on 01/01/2019. This precautionary measure is essential to ensure the well-being of our community and to maintain a healthy environment.



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606



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**A/p Sawarde Tal.Chiplun Dist.Ratnagiri 415606 (MH)**



**Office: (02355) 295415**

**E-mail: artscollegesawarde@rediffmail.com**

**Ref no.: SSSASCS/**

**Date:**

To,  
Kokan Clinical Laboratory  
A/p-Sawarde , Tal-Chiplun,  
Dist.- Ratnagiri, PIN-415 606

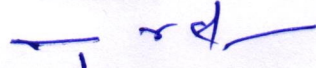
**Sub:- Invitation for Blood Testing camp at our college.**

**Respected sir/madam**

We are very pleased to invite you for the conduction of blood testing and HB test camp. As per medical recommendations, kindly accept our invitation and arrange the facilities in order to assess our student's health status accurately

Additionally, I kindly request that the blood test be conducted in accordance with the specific requirements for the Hemoglobin Blood Test (HBT) dated on 01/01/2019.



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606

**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sanstha's Building, Sawarde, Chiplun, 9588669807

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From,

Kokan Clinical Laboratory

A/p-Sawarde ,Opp. Sawarde Highschool

Tal-Chiplun,Dist.- Ratnagiri, PIN-415 606

Date-22/12/2018

To,

Principal

Arts & Science College, Sawarde

A/p-Sawarde , Tal-Chiplun,

Dist.- Ratnagiri, PIN-415 606

**Sub:- Acceptance Letter For Blood testing camp.**

Respected sir,

We are pleased to inform you that Kokan Clinical Laboratory has accepted your request for a blood testing appointment dated 01/01/2019. We acknowledge the importance of timely and accurate medical procedures, and we are committed to providing high-quality services to our clients.

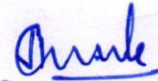
**Please find the details of my appointment below:**

**Date of Appointment:** 01-01-2019

**Time of Appointment:** 11.00 am to 2.00 pm

**Type of Blood Test:** Hemoglobin Blood Test

**Reason for Testing:** Routine health check-up



कोकण क्लिनिकल लॅबोरेटरी  
सावर्डे, ता. चिपळूण, जि. रत्नागिरी

**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

Patient Name: As Per List Attached

Age: As per List Attached

Sex: Female

Ref.by:- Arts & Science College Sawarde

Date:- 03/01/2019

Report of Blood test camp conducted on 01/01/20219 is as below.

Sr. No	Name of Patient	Age	Investigation/ Primary Sample Type	Result/ Blood	Reference Value	Unit
1	Apange Komal Jaywant	20	Hemoglobin(HB)	12.5	12.0-15.5	g/dl
2	Kalashkar Masuma Majeed	21	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
3	Khapare Priyanka Prakash	20	Hemoglobin(HB)	13.5	12.0-15.5	g/dl
4	Kokate Shruti Suresh	20	Hemoglobin(HB)	12.2	12.0-15.5	g/dl
5	Latake Shital Shankar	20	Hemoglobin(HB)	13.4	12.0-15.5	g/dl
6	Mangale Priya Jitendra	20	Hemoglobin(HB)	13.5	12.0-15.5	g/dl
7	Mene Dhanashri Krishna	20	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
8	Dabholkar Nikita Ravindra	19	Hemoglobin(HB)	9.2	12.0-15.5	g/dl
9	Gosavi Shraddha Sanjay	19	Hemoglobin(HB)	9.0	12.0-15.5	g/dl
10	Dalvi Prachi Prakash	18	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
11	Shedage Sanskruti Sandip	20	Hemoglobin(HB)	12.3	12.0-15.5	g/dl
12	Dorkhade Dipti Prakash	19	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
13	Gavange Shraddha Ramesh	19	Hemoglobin(HB)	12.2	12.0-15.5	g/dl
14	Shirke Shreya Vijay	19	Hemoglobin(HB)	13.0	12.0-15.5	g/dl
15	Sonawane Snehal Ashok	19	Hemoglobin(HB)	13.7	12.0-15.5	g/dl
16	Surve Srushti Prabhakar	20	Hemoglobin(HB)	13.5	12.0-15.5	g/dl
17	Takle Aishwarya Avinash	18	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
18	Jadhav Priyanka Sunil	17	Hemoglobin(HB)	13.6	12.0-15.5	g/dl
19	Jadhav Punam Dilip	17	Hemoglobin(HB)	13.3	12.0-15.5	g/dl
20	Jadhav Sarathi Siddharth	18	Hemoglobin(HB)	13.1	12.0-15.5	g/dl
21	Jadhav Shivani Sanjay	17	Hemoglobin(HB)	13.8	12.0-15.5	g/dl

*Anusha*  
 कोकण क्लिनिकल लॅबोरेटरी  
 सावर्डे, ता. चिपळूण, जि. रत्नागिरी





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**Office: (02355) 295415**

**E-mail: artscollegesawarde@rediffmail.com**

**Ref no.: SSSASCS/**

**Date:**

**Date-01/03/2019**

**Notice**

The student from below list should appear for blood test on 02/03/2019 at 11 AM.

Sr.No	Name of Student
1	KalashekarMasumaMajeed
2	Dabholkar Nikita Ravindra
3	GosaviShraddha Sanjay
4	DalviPrachiPrakash
5	TakleAishwaryaAvinash

Attendance of the above students is mandatory for blood test.



**Principal**  
**Arts & Science College, Sawarde**  
**Tal. Chiplun, Dist. Ratnagiri 415606**

**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

Patient Name: As Per List Attached

Age: As per List Attached

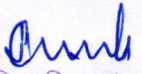
Sex: Female

Ref.by:- Arts & Science College Sawarde

Date:- 04/03/2019

Report of Blood test camp conducted on 02/03/2019 is as below.

Sr. No	Name of Patient	Age	Investigation/ Primary Sample Type	Result/ Blood	Reference Value	Unit
1	Kalashekar Masuma Majeed	21	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
2	Dabholkar Nikita Ravindra	19	Hemoglobin(HB)	12.0	12.0-15.5	g/dl
3	Gosavi Shraddha Sanjay	19	Hemoglobin(HB)	11.7	12.0-15.5	g/dl
4	Dalvi Prachi Prakash	18	Hemoglobin(HB)	11.6	12.0-15.5	g/dl
5	Takle Aishwarya Avinash	18	Hemoglobin(HB)	11.8	12.0-15.5	g/dl

  
कोकण क्लिनिकल लॅबोरेटरी  
सावर्डे, ता. चिपळूण, जि. रत्नागिरी



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Ref no.: SSSASCS/

Date:


Date-23/12/2019

**A.Y. 2019-20**

**Notice**

All the students of FY/SY/TY B.A.& B.Com are here by informed that, In accordance with our health and safety protocols, we are issuing a notice regarding mandatory blood testing for all girls who were dated on 01/01/2020. This precautionary measure is essential to ensure the well-being of our community and to maintain a healthy environment.



  
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Ref no.: SSSASCS/

Date:

To,

Kokan Clinical Laboratory

A/p-Sawarde, Tal-Chiplun,

Dist.- Ratnagiri, PIN-415 606


**Sub:- Invitation for Blood Testing camp at our college.**

**Respected sir/madam**

We are very pleased to invite you for the conduction of blood testing and HB test camp. As per medical recommendations, kindly accept our invitation and arrange the facilities in order to assess our student's health status accurately

Additionally, I kindly request that the blood test be conducted in accordance with the specific requirements for the Hemoglobin Blood Test (HBT) dated on 01/01/2020.



  
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(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

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From,

Kokan Clinical Laboratory

A/p-Sawarde ,Opp. Sawarde Highschool

Tal-Chiplun,Dist.- Ratnagiri, PIN-415 606

Date-24/12/2019

To,

Principal

Arts & Science College, Sawarde

A/p-Sawarde , Tal-Chiplun,

Dist.- Ratnagiri, PIN-415 606

**Sub:-Acceptance Letter for Blood testing camp.**

Respected sir,

We are pleased to inform you that Kokan Clinical Laboratory has accepted your request for a blood testing appointment dated 01/01/2020.

We acknowledge the importance of timely and accurate medical procedures, and we are committed to providing high-quality services to our clients.


**Please find the details of my appointment below:**

**Date of Appointment:** 01-01-2020

**Time of Appointment:** 11.00 am to 2.00 pm

**Type of Blood Test:** Hemoglobin Blood Test

**Reason for Testing:** Routine health check-up

  
कोकण क्लिनिकल लॅबोरेटरी  
सावर्डे, ता. चिपळूण, जि. रत्नागिरी

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Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

Patient Name: As Per List Attached

Age: As per List Attached

Sex: Female

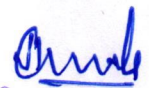
Ref.by:- Arts & Science College Sawarde

Date:- 04/01/2020

Report of Blood test camp conducted on 01/01/2020 is as below.

Sr. No	Name of Patient	Age	Investigation/ Primary Sample Type	Result/ Blood	Reference Value	Unit
1	Sakpal Shivani Subhash	18	Hemoglobin(HB)	9.2	12.0-15.5	g/dl
2	Sawant Mayuri Anant	17	Hemoglobin(HB)	12.5	12.0-15.5	g/dl
3	Shinde Mithila Rajesh	18	Hemoglobin(HB)	13.0	12.0-15.5	g/dl
4	Sutar Sonal Krishna	18	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
5	Kamble Varsha Sandip	17	Hemoglobin(HB)	13.9	12.0-15.5	g/dl
6	Kapdi Muskan Mujeeb	17	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
7	Katkar Shraddha Santosh	18	Hemoglobin(HB)	12.5	12.0-15.5	g/dl
8	Kapadi Prajakta Pramod-	18	Hemoglobin(HB)	9.4	12.0-15.5	g/dl
9	Khair Pooja Jayawant-	21	Hemoglobin(HB)	9.2	12.0-15.5	g/dl
10	Dorkhade Dipti Prakash-	21	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
11	Gavange Shraddha Ramesh	21	Hemoglobin(HB)	9.1	12.0-15.5	g/dl
12	Patel Arsin Amanuddin-e	20	Hemoglobin(HB)	13.0	12.0-15.5	g/dl
13	Pimpare Komal Santosh	20	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
14	Sawant Arpita Sanjay	21	Hemoglobin(HB)	13.9	12.0-15.5	g/dl
15	Sawant Nilima Rajendra	20	Hemoglobin(HB)	13.7	12.0-15.5	g/dl
16	Jadhav Sonal Anil-m	21	Hemoglobin(HB)	13.6	12.0-15.5	g/dl
17	Jinagare Bharati Ramchandra	20	Hemoglobin(HB)	13.0	12.0-15.5	g/dl
18	Futak Suchita Ratnakar	21	Hemoglobin(HB)	13.2	12.0-15.5	g/dl

19	Gangarkar Rasika Narayan	19	Hemoglobin(HB)	13.1	12.0-15.5	g/dl
20	Ghanekar Snehal Narayan	19	Hemoglobin(HB)	12.1	12.0-15.5	g/dl
21	Ghosalkar Shital Santosh	19	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
22	Jadhav Sarathi Siddharth	19	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
23	Jadhav Shivani Sanjay	19	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
24	Jadhav Shubham Sandesh-e	19	Hemoglobin(HB)	14.3	12.0-15.5	g/dl
25	Jadhav Sukanya Madhukar	18	Hemoglobin(HB)	9.4	12.0-15.5	g/dl
26	Tadavi ShahanaJ Jumma	19	Hemoglobin(HB)	9.2	12.0-15.5	g/dl
27	Takale Gauri Avinash	19	Hemoglobin(HB)	9.1	12.0-15.5	g/dl
28	Karanjekar Snehal Sudhakar	18	Hemoglobin(HB)	9.0	12.0-15.5	g/dl
29	Ichale Pranali Santosh	17	Hemoglobin(HB)	9.3	12.0-15.5	g/dl
30	Jadhav Dipali Rajaram	18	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
31	Pawari Pooja Ramesh	18	Hemoglobin(HB)	9.3	12.0-15.5	g/dl
32	Rade Sayli Santosh	17	Hemoglobin(HB)	12.5	12.0-15.5	g/dl
33	Mohite Madhura Manohar	18	Hemoglobin(HB)	13.0	12.0-15.5	g/dl
34	Mukhse Sameera Keshav	17	Hemoglobin(HB)	12.9	12.0-15.5	g/dl
35	Okate Swapnali Rajaram	17	Hemoglobin(HB)	13.4	12.0-15.5	g/dl
36	Dangare Samiksha Rajendra	17	Hemoglobin(HB)	13.4	12.0-15.5	g/dl
37	Chavan Shital Vilas	17	Hemoglobin(HB)	12.9	12.0-15.5	g/dl

  
 कोकण क्लिनिकल लॅबोरेटरी  
 सावर्डे, ता. विपळूण, जि. रत्नागिरी



Sahyadri Shikshan Sanstha's  
**Arts and Science College Sawarde**

(B.A., B.Com., B.M.S)

(Affiliated to University of Mumbai)

A/p Sawarde Tal. Chiplun Dist. Ratnagiri 415606 (MH)



Office: (02355) 295415

E-mail: artscollegesawarde@rediffmail.com

Ref no.: SSSASCS/

Date:

Date-03/03/2020

**A.Y. 2019-20**


**Notice**

The student from below list should appear for blood test on 07/03/2020 at 11 AM.

Sr.N	Name of Patient	Sr.No	Name of Patient
0			
1	Sakpal Shivani Subhash	8	Tadavi Shahanaj Jumma
2	Kapdi Muskan Mujeeb	9	Takale Gauri Avinash
3	Kapadi Prajakta Pramod-	10	Karanjekar Snehal Sudhakar
4	Khair Pooja Jayawant-m	11	Ichale Pranali Santosh
5	Dorkhade Dipti Prakash-	12	Jadhav Dipali Rajaram
6	Gavange Shraddha Ramesh	13	Pawari Pooja Ramesh
7	Jadhav Sukanya Madhukar		

Attendance of the above students is mandatory for blood test.



  
**Principal**  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606



**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

Patient Name: As Per List Attached

Age: As per List Attached

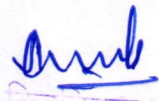
Sex: Female

Ref.by:- Arts & Science College Sawarde

Date:- 09/03/2020

Report of Blood test camp conducted on 07/01/2020 is as below.

Sr. No	Name of Patient	Age	Investigation/ Primary Sample Type	Result/ Blood	Reference Value	Unit
1	Sakpal Shivani Subhash	18	Hemoglobin(HB)	12.0	12.0-15.5	g/dl
2	Kapdi Muskan Mujeeb	17	Hemoglobin(HB)	11.5	12.0-15.5	g/dl
3	Kapadi Prajakta Pramod-	18	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
4	Khair Pooja Jayawant-m	21	Hemoglobin(HB)	12.1	12.0-15.5	g/dl
5	Dorkhade Dipti Prakash-	21	Hemoglobin(HB)	11.8	12.0-15.5	g/dl
6	Gavange Shraddha Ramesh	21	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
7	Jadhav Sukanya Madhukar	18	Hemoglobin(HB)	11.7	12.0-15.5	g/dl
8	Tadavi Shahanaj Jumma	19	Hemoglobin(HB)	11.6	12.0-15.5	g/dl
9	Takale Gauri Avinash	19	Hemoglobin(HB)	11.7	12.0-15.5	g/dl
10	Karanjekar Snehal Sudhakar	18	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
11	Ichale Pranali Santosh	17	Hemoglobin(HB)	12.0	12.0-15.5	g/dl
12	Jadhav Dipali Rajaram	18	Hemoglobin(HB)	12.1	12.0-15.5	g/dl
13	Pawari Pooja Ramesh	18	Hemoglobin(HB)	11.9	12.0-15.5	g/dl

  
कोकण क्लिनिकल लॅबोरेटरी  
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Office: (02355) 295415

E-mail: artscollegesawarde@rediffmail.com

Ref no.: SSSASCS/

Date:


Date-21/12/2021

**A.Y. 2021-22**

**Notice**

All the students of FY/SY/TY B.A. & B.Com are here by informed that, In accordance with our health and safety protocols, we are issuing a notice regarding mandatory blood testing for all girls who were dated on 01/01/2022. This precautionary measure is essential to ensure the well-being of our community and to maintain a healthy environment.



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606



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Office: (02355) 295415

E-mail: [artscollegesawarde@rediffmail.com](mailto:artscollegesawarde@rediffmail.com)

Ref no.: SSSASCS/

Date:

To,  
Kokan Clinical Laboratory  
A/p-Sawarde, Tal-Chiplun,  
Dist.- Ratnagiri, PIN-415 606


**Sub:-Invitation for Blood Testing camp at our college.**

**Respected sir/madam**

We are very pleased to invite you for the conduction of blood testing and HB test camp. As per medical recommendations, kindly accept our invitation and arrange the facilities in order to assess our student's health status accurately

Additionally, I kindly request that the blood test be conducted in accordance with the specific requirements for the Hemoglobin Blood Test (HBT) dated on 01/01/2022.



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606

**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

From,

Kokan Clinical Laboratory

A/p-Sawarde ,Opp. Sawarde Highschool

Tal-Chiplun,Dist.- Ratnagiri, PIN-415 606

Date-23/12/2021

To,  
Principal  
Arts & Science College, Sawarde  
A/p-Sawarde , Tal-Chiplun,  
Dist.- Ratnagiri, Pin-415 606

**Sub:-Acceptance Letter for Blood testing camp.**

Respected sir,

We are pleased to inform you that Kokan Clinical Laboratory has accepted your request for a blood testing appointment dated 01/01/2022. We acknowledge the importance of timely and accurate medical procedures, and we are committed to providing high-quality services to our clients


**Please find the details of my appointment below:**

**Date of Appointment:** 01-01-2022

**Time of Appointment:** 11.00 am to 2.00 pm

**Type of Blood Test:** Hemoglobin Blood Test

**Reason for Testing:** Routine health check-up

  
कोकण क्लिनिकल लॅबोरेटरी  
सावर्डे, ता. चिपळूण, जि. रत्नागिरी

**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

Patient Name: As Per List Attached

Age: As per List Attached

Sex: Female

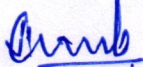
Ref.by:- Arts & Science College Sawarde

Date:- 05/01/2022

Report of Blood test camp conducted on 01/01/2022 is as below.

Sr. No	Name of Patient	Age	Investigation/ Primary Sample Type	Result/ Blood	Reference Value	Unit
1	Bhandari Siddhi Sanjay	18	Hemoglobin(HB)	12.1	12.0-15.5	g/dl
2	Bhayaje Prerana Subhash	17	Hemoglobin(HB)	12.5	12.0-15.5	g/dl
3	Bhuwad Pratiksha Somnath	18	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
4	Gawade Lina Vasant	18	Hemoglobin(HB)	12.5	12.0-15.5	g/dl
5	Ghanekar Pratiksha Amruta	17	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
6	Ghosalkar Shrutika Sandip	18	Hemoglobin(HB)	12.3	12.0-15.5	g/dl
7	Shinde Manjulika Vinod	18	Hemoglobin(HB)	13.5	12.0-15.5	g/dl
8	Sawant Kirti Vishwas	17	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
9	Jadhav Sakshi Ajit	18	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
10	Kadam Vaishnavi Chandrakant	18	Hemoglobin(HB)	13.4	12.0-15.5	g/dl
11	Chavan Jyoti Anant	18	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
12	Chavan Prajakta Prakash	17	Hemoglobin(HB)	9.5	12.0-15.5	g/dl
13	Chavan Sakshi Pradip	18	Hemoglobin(HB)	12.7	12.0-15.5	g/dl
14	Davari Vaibhavi Balavant	18	Hemoglobin(HB)	12.1	12.0-15.5	g/dl
15	Gavanang Sonali Shantaram	19	Hemoglobin(HB)	9.3	12.0-15.5	g/dl
16	Gavanang Tejal Nana	19	Hemoglobin(HB)	12.7	12.0-15.5	g/dl
17	Ghadashi Nilam Anant	20	Hemoglobin(HB)	9.7	12.0-15.5	g/dl
18	Gurav Siddhi Shantaram	21	Hemoglobin(HB)	13.7	12.0-15.5	g/dl
19	Shinde Sayali Chandrakant	19	Hemoglobin(HB)	12.7	12.0-15.5	g/dl
20	Tadavi Shahanaj Jumma	20	Hemoglobin(HB)	9.2	12.0-15.5	g/dl

21	Takale Gauri Avinash	21	Hemoglobin(HB	13.2	12.0-15.5	g/dl
22	Pandit Pranali Liladhar	19	Hemoglobin(HB	14.1	12.0-15.5	g/dl
23	Punvat Nutan Shivaji	18	Hemoglobin(HB	9.7	12.0-15.5	g/dl
24	Rajeshirke Akanksha Santosh	17	Hemoglobin(HB	13.4	12.0-15.5	g/dl
25	Rajeshirke Riya Chandrahas	18	Hemoglobin(HB	9.2	12.0-15.5	g/dl
26	Khatib Tasmin Shakir	19	Hemoglobin(HB	12.7	12.0-15.5	g/dl
27	Mandavkar Sanika Dilip	20	Hemoglobin(HB	9.3	12.0-15.5	g/dl
28	Mohite Anuska Sanjivan	21	Hemoglobin(HB	13.5	12.0-15.5	g/dl
29	Mohite Megha Suresh	21	Hemoglobin(HB	12.5	12.0-15.5	g/dl
30	Katkar Vaibhavi Vishnu	20	Hemoglobin(HB	9.6	12.0-15.5	g/dl
31	Khalpe Aroj Ajim	21	Hemoglobin(HB	13.1	12.0-15.5	g/dl
32	Khalpe Sujain Rauf	20	Hemoglobin(HB	9.1	12.0-15.5	g/dl
33	Khapare Shraddha Sanjay	20	Hemoglobin(HB	12.5	12.0-15.5	g/dl
34	Kharat Laxmi Shankar	20	Hemoglobin(HB	13.2	12.0-15.5	g/dl
35	Ghatkar Tejasvi Sanjay	20	Hemoglobin(HB	13.1	12.0-15.5	g/dl
36	Kadam Rupali Asok	20	Hemoglobin(HB	9.8	12.0-15.5	g/dl
37	Mohite Anuska Sanjivan	21	Hemoglobin(HB	9.7	12.0-15.5	g/dl
38	Khatib Tasmin Shakir	18	Hemoglobin(HB	9.5	12.0-15.5	g/dl
39	Sawant Mayuri Anant	19	Hemoglobin(HB	13.2	12.0-15.5	g/dl
40	Shinde Mithila Rajesh	19	Hemoglobin(HB	13.5	12.0-15.5	g/dl
41	Sutar Sonal Krishna	19	Hemoglobin(HB	13.1	12.0-15.5	g/dl
42	Nirmal Sakshi Subhash	19	Hemoglobin(HB	9.9	12.0-15.5	g/dl

  
 कोकण क्लिनिकल लॅबोरेटरी  
 सावर्डे, ता. चिपळूण, जि. रत्नागिरी



# Sahyadri Shikshan Sanstha's Arts and Science College Sawarde

(B.A., B.Com., B.M.S)

(Affiliated to University of Mumbai)

A/p Sawarde Tal. Chiplun Dist. Ratnagiri 415606 (MH)

E-mail: [artscollegesawarde@rediffmail.com](mailto:artscollegesawarde@rediffmail.com)

Office: (02355) 295415

Date:

Ref no.: SSSASCS/

Date-07/03/2022

A.Y. 2021-22

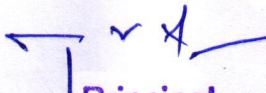
## Notice

The student from below list should appear for blood test on 09/03/2022 at 11 AM.

Sr.No	Name of Patient	Sr.No	Name of Patient
1	Ghanekar Pratiksha Amruta	9	Mandavkar Sanika Dilip
2	Sawant Kirti Vishwas	10	Katkar Vaibhavi Vishnu
3	Chavan Prajakta Prakash	11	Khalpe Sujain Rauf
4	Gavanang Sonali Shantaram	12	Kadam Rupali Asok
5	Ghadashi Nilam Anant	13	Mohite Anuska Sanjivan
6	Tadavi Shahanaj Jumma	14	Khatib Tasmin Shakir
7	Punvat Nutan Shivaji	15	Nirmal Sakshi Subhash
8	Rajeshirke Riya Chandrahas		

Attendance of the above students is mandatory for blood test.



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606

**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

Patient Name: As Per List Attached

Age: As per List Attached


Sex: Female

Ref.by:- Arts & Science College Sawarde

Date:- 11/03/2022

Report of Blood test camp conducted on 09/03/2022 is as below.

Sr. No	Name of Patient	Age	Investigation/ Primary Sample Type	Result/ Blood	Reference Value	Unit
1	Ghanekar Pratiksha Amruta	17	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
2	Sawant Kirti Vishwas	17	Hemoglobin(HB)	11.5	12.0-15.5	g/dl
3	Chavan Prajakta Prakash	17	Hemoglobin(HB)	11.7	12.0-15.5	g/dl
4	Gavanang Sonali Shantaram	19	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
5	Ghadashi Nilam Anant	20	Hemoglobin(HB)	11.8	12.0-15.5	g/dl
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7	Punvat Nutan Shivaji	18	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
8	Rajeshirke Riya Chandrahas	18	Hemoglobin(HB)	11.7	12.0-15.5	g/dl
9	Mandavkar Sanika Dilip	20	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
10	Katkar Vaibhavi Vishnu	20	Hemoglobin(HB)	11.8	12.0-15.5	g/dl
11	Khalpe Sujain Rauf	20	Hemoglobin(HB)	11.6	12.0-15.5	g/dl
12	Kadam Rupali Asok	20	Hemoglobin(HB)	12.0	12.0-15.5	g/dl
13	Mohite Anuska Sanjivan	21	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
14	Khatib Tasmin Shakir	18	Hemoglobin(HB)	11.7	12.0-15.5	g/dl
15	Nirmal Sakshi Subhash	19	Hemoglobin(HB)	11.9	12.0-15.5	g/dl

  
कोकण क्लिनिकल लॅबोरेटरी  
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Ref no.: SSSASCS/

Date:

Date-23/12/2022

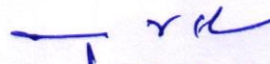
**A.Y. 2022-23**

**Notice**

All the students of FY/SY/TY B.A.& B.Com are here by informed that, In accordance with our health and safety protocols, we are issuing a notice regarding mandatory blood testing for all girls who were dated on 01/01/2023.

This precautionary measure is essential to ensure the well-being of our community and to maintain a healthy environment.



  
Principal  
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**Arts and Science College Sawarde**

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**Office: (02355) 295415**

**E-mail: [artscollegesawarde@rediffmail.com](mailto:artscollegesawarde@rediffmail.com)**



**Ref no.: SSSASCS/**

**Date:**

**From,**

**Arts & Science College, Sawarde**

**A/p-Sawarde , Tal-Chiplun,**

**Dist.- Ratnagiri, PIN-415 606**

**Date-24/12/2023**

**To,**

**Kokan Clinical Laboratory**

**A/p-Sawarde , Tal-Chiplun,**

**Dist.- Ratnagiri, PIN-415 606**

**Sub:-Invitation for HB & Blood testing camp at our college.**

**Respected sir/madam**

We are very pleased to invite you for the conduction of blood testing and HB test camp. As per medical recommendations, kindly accept our invitation and arrange the facilities in order to assess our student's health status accurately

Additionally, I kindly request that the blood test be conducted in accordance with the specific requirements for the Hemoglobin Blood Test (HBT) dated on 01/01/2023.



**Sahyadri Shikshan Sanstha's**  
**Arts and Science College Sawarde**

**(B.A., B.Com., B.M.S)**

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**Office: (02355) 295415**

**E-mail: artscollegesawarde@rediffmail.com**

**Ref no.: SSSASCS/**

**Date:**

To,

Kokan Clinical Laboratory

A/p-Sawarde, Tal-Chiplun,

Dist.- Ratnagiri, PIN-415 606

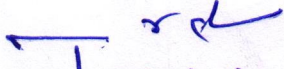
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**Respected sir/madam**

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Additionally, I kindly request that the blood test be conducted in accordance with the specific requirements for the Hemoglobin Blood Test (HBT) dated on 01/01/2023.



  
**Principal**  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606

**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

Patient Name: As Per List Attached

Age: As per List Attached

Sex: Female


Ref.by:- Arts & Science College Sawarde

Date:- 05/01/2023

Report of Blood test camp conducted on 01/01/2023 is as below.

Sr. No	Name of Patient	Age	Investigation/ Primary Sample Type	Result/ Blood	Referenc e Value	Unit
1	Mullaji Naziya Nisar	18	Hemoglobin(HB)	12.1	12.0-15.5	g/dl
2	<b>Padye Prerna Manohar</b>	<b>19</b>	<b>Hemoglobin(HB)</b>	<b>9.5</b>	<b>12.0-15.5</b>	<b>g/dl</b>
3	<b>Panchal Diksha Vijay</b>	<b>18</b>	<b>Hemoglobin(HB)</b>	<b>9.2</b>	<b>12.0-15.5</b>	<b>g/dl</b>
4	<b>Rajeshirke Diksha Ramesh</b>	<b>19</b>	<b>Hemoglobin(HB)</b>	<b>9.3</b>	<b>12.0-15.5</b>	<b>g/dl</b>
5	Rajeshirke Riya Vinayak	19	Hemoglobin(HB)	12.5	12.0-15.5	g/dl
6	Ranim Prashali Shantaram	19	Hemoglobin(HB)	12.7	12.0-15.5	g/dl
7	Salvi Prachi Vilas	18	Hemoglobin(HB)	13.4	12.0-15.5	g/dl
8	Shinde Manjulika Vinod	18	Hemoglobin(HB)	13.7	12.0-15.5	g/dl
9	Shinde Rohini Sanjay	18	Hemoglobin(HB)	13.9	12.0-15.5	g/dl
10	Shirke Vaishnavi Santosh	19	Hemoglobin(HB)	13.5	12.0-15.5	g/dl
11	Surve Srusthi Kamalakar	18	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
12	Tade Kadambari Jitendra	19	Hemoglobin(HB)	13.6	12.0-15.5	g/dl
13	Khochade Shreya Dattaram	18	Hemoglobin(HB)	13.2	12.0-15.5	g/dl
14	<b>Lambe Shrutika Dipak</b>	<b>19</b>	<b>Hemoglobin(HB)</b>	<b>9.5</b>	<b>12.0-15.5</b>	<b>g/dl</b>
15	<b>Madre Limra Mushtak</b>	<b>20</b>	<b>Hemoglobin(HB)</b>	<b>9.7</b>	<b>12.0-15.5</b>	<b>g/dl</b>
16	<b>Khatib Tasmin Shakir</b>	<b>20</b>	<b>Hemoglobin(HB)</b>	<b>9.8</b>	<b>12.0-15.5</b>	<b>g/dl</b>
17	Mandavkar Sanika Dilip	20	Hemoglobin(HB)	13.1	12.0-15.5	g/dl
18	Mohite Anuska Sanjivan	21	Hemoglobin(HB)	12.3	12.0-15.5	g/dl
19	<b>Mohite Megha Suresh</b>	<b>20</b>	<b>Hemoglobin(HB)</b>	<b>9.3</b>	<b>12.0-15.5</b>	<b>g/dl</b>
20	<b>Gavanang Sonali Shantaram</b>	<b>21</b>	<b>Hemoglobin(HB)</b>	<b>9.7</b>	<b>12.0-15.5</b>	<b>g/dl</b>
21	<b>Gavanang Tejal Nana</b>	<b>20</b>	<b>Hemoglobin(HB)</b>	<b>9.7</b>	<b>12.0-15.5</b>	<b>g/dl</b>
22	<b>Ghadashi Nilam Anant</b>	<b>18</b>	<b>Hemoglobin(HB)</b>	<b>9.9</b>	<b>12.0-15.5</b>	<b>g/dl</b>
23	Ghag Siddhi Ramesh	19	Hemoglobin(HB)	13.1	12.0-15.5	g/dl

24	Ghanekar Dhanashree Rajendra	20	Hemoglobin(HB	13.2	12.0-15.5	g/dl
25	Jadhav Lalita Natha	21	Hemoglobin(HB	9.7	12.0-15.5	g/dl
26	Jadhav Punam Natha	18	Hemoglobin(HB	9.5	12.0-15.5	g/dl
27	Jadhav Samruddhi Dilip	19	Hemoglobin(HB	13.2	12.0-15.5	g/dl
28	Kamble Archana Shridhar	20	Hemoglobin(HB	13.2	12.0-15.5	g/dl
29	Kamble Archana Shridhar	21	Hemoglobin(HB	12.7	12.0-15.5	g/dl
30	Katkar Roshani Anant	21	Hemoglobin(HB	9.9	12.0-15.5	g/dl
31	Takale Sejal Avinash	20	Hemoglobin(HB	9.1	12.0-15.5	g/dl
32	Agre Sonali Dilip	20	Hemoglobin(HB	12.4	12.0-15.5	g/dl
33	Bagave Rutuja Ganesh	20	Hemoglobin(HB	12.6	12.0-15.5	g/dl
34	Berad Pratibha Chandrakant	20	Hemoglobin(HB	12.7	12.0-15.5	g/dl
35	Chavan Pratiksha Dipak	18	Hemoglobin(HB	13.0	12.0-15.5	g/dl
36	Chavan Sakshi Surreh	19	Hemoglobin(HB	9.5	12.0-15.5	g/dl
37	Chavan Sanjana Gangadhar	19	Hemoglobin(HB	9.7	12.0-15.5	g/dl
38	Pawar Priyanka Pramod	19	Hemoglobin(HB	9.2	12.0-15.5	g/dl
39	Pawar Shivani Vilas	20	Hemoglobin(HB	13.2	12.0-15.5	g/dl
40	Dhavade Sakshi Sanjay	21	Hemoglobin(HB	12.2	12.0-15.5	g/dl
41	Dhumak Harshali Chandrakant	21	Hemoglobin(HB	9.6	12.0-15.5	g/dl
42	Dike Akanksha Anil	20	Hemoglobin(HB	13.2	12.0-15.5	g/dl
43	Futak Dipali Krushnakant	20	Hemoglobin(HB	13.6	12.0-15.5	g/dl
44	Futak Prapti Sitaram	20	Hemoglobin(HB	13.4	12.0-15.5	g/dl
45	Gaikwad Rutika Ravindra	20	Hemoglobin(HB	12.7	12.0-15.5	g/dl
46	More Manjiri Sandip	19	Hemoglobin(HB	9.8	12.0-15.5	g/dl
47	Mundhekar Pooja Aravind	20	Hemoglobin(HB	9.2	12.0-15.5	g/dl
48	Naik Kasmina Abdulshakur	21	Hemoglobin(HB	12.3	12.0-15.5	g/dl
49	Navarang Bindiya Babu	20	Hemoglobin(HB	12.5	12.0-15.5	g/dl
50	Pandav Reshma Sanjay	21	Hemoglobin(HB	13.2	12.0-15.5	g/dl
51	Kadam Diksha Santosh	20	Hemoglobin(HB	13.7	12.0-15.5	g/dl

  
 कोकण क्लिनिकल लॅबोरेटरी  
 सावर्डे, ता. चिपळूण, जि. रत्नागिरी



# Sahyadri Shikshan Sanstha's Arts and Science College Sawarde

(B.A, B.Com., B.M.S)

(Affiliated to University of Mumbai)

A/p Sawarde Tal. Chiplun Dist. Ratnagiri 415606 (MH)



Office: (02355) 295415

E-mail: artscollegesawarde@rediffmail.com

Ref no.: SSSASCS/

Date:

Date-09/03/2023

A.Y. 2022-23

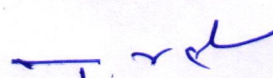
## Notice

The student from below list should appear for blood test on 11/03/2023 at 11 AM.

Sr.No	Name of Patient	Sr.No	Name of Patient
1	Padye Prerna Manohar	11	Mohite Megha Suresh
2	Panchal Diksha Vijay	12	Gavanang Sonali Shantaram
3	Rajeshirke Diksha Ramesh	13	Gavanang Tejal Nana
4	Lambe Shrutika Dipak	14	Ghadashi Nilam Anant
5	Madre Limra Mushtak	15	Katkar Roshani Anant
6	Khatib Tasmin Shakir	16	Takale Sejal Avinash
7	Jadhav Lalita Natha	17	Chavan Sakshi Surreh
8	Jadhav Punam Natha	18	Chavan Sanjana Gangadhar
9	Dhumak Harshali Chandrakant	19	Pawar Priyanka Pramod
10	More Manjiri Sandip	20	Mundhekar Pooja Aravind

Attendance of the above students is mandatory for blood test.



  
Principal  
Arts & Science College, Sawarde  
Tal. Chiplun, Dist. Ratnagiri 415606

**Kokan Medical Co-Op Institute, Sawarde's**  
**KOKAN CLINICAL LABORATORY**

(Hematology Analyzer Cell Teck 380, Biochemistry Autoanalyzer Access 200)

Opp.Sawarde Highschool, Sahyadri Shikshan Sansth's Building, Sawarde, Chiplun, 9588669807

Patient Name: As Per List Attached

Age: As per List Attached

Sex: Female

Ref.by:- Arts & Science College Sawarde

Date:- 16/03/2023

Report of Blood test camp conducted on 11/03/2023 is as below.

Sr. No	Name of Patient	Age	Investigation/ Primary Sample Type	Result/ Blood	Reference Value	Unit
1	Padye Prerna Manohar	19	Hemoglobin(HB)	12.1	12.0-15.5	g/dl
2	Panchal Diksha Vijay	18	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
3	Rajeshirke Diksha Ramesh	19	Hemoglobin(HB)	11.7	12.0-15.5	g/dl
4	Lambe Shrutika Dipak	19	Hemoglobin(HB)	11.8	12.0-15.5	g/dl
5	Madre Limra Mushtak	20	Hemoglobin(HB)	9.8	12.0-15.5	g/dl
6	Khatib Tasmin Shakir	20	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
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10	Ghadashi Nilam Anant	18	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
11	Jadhav Lalita Natha	21	Hemoglobin(HB)	10.0	12.0-15.5	g/dl
12	Jadhav Punam Natha	18	Hemoglobin(HB)	11.2	12.0-15.5	g/dl
13	Katkar Roshani Anant	21	Hemoglobin(HB)	10.1	12.0-15.5	g/dl
14	Takale Sejal Avinash	20	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
15	Chavan Sakshi Surreh	19	Hemoglobin(HB)	11.5	12.0-15.5	g/dl
16	Chavan Sanjana Gangadhar	19	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
17	Pawar Priyanka Pramod	19	Hemoglobin(HB)	12.1	12.0-15.5	g/dl
18	Dhumak Harshali Chandrakant	21	Hemoglobin(HB)	11.9	12.0-15.5	g/dl
19	More Manjiri Sandip	19	Hemoglobin(HB)	9.9	12.0-15.5	g/dl
20	Mundhekar Pooja Aravind	20	Hemoglobin(HB)	9.7	12.0-15.5	g/dl

*Anub*

कोकण क्लिनिकल लॅबोरेटरी  
सावर्डे, ता. चिपळूण, जि. रत्नागिरी

# **Best Practice - II**





# Sahyadri Shikshan Sanstha's Arts and Science College Sawarde

(B.A., B.Com., B.M.S)

(Affiliated to University of Mumbai)

A/p Sawarde Tal. Chiplun Dist. Ratnagiri 415606 (MH)

Office: (02355) 295415

E-mail: [artscollegesawarde@rediffmail.com](mailto:artscollegesawarde@rediffmail.com)

Ref no.: SSSASCS/

Date:

## Best Practice Report – II

1. **Title of the practice :** Competitive examination & Guidance Center

2. **Objectives of Practice:**

- To create awareness among the students about competitive examinations.
- To guide student intensively for competitive examination like UPSC, MPSC, other competitive and entrance examination
- To motivate the rural students for prospective career in government and corporate sectors.
- To develop competency and positive approach towards competitive examination among the rural students.
- To conduct career development seminars and workshops on competitive examination.

3. **The Context:**

Most of the students are admitted in the college from rural and hilly area. They are socially and economically backward. They cannot afford private special coaching for the competitive examination. There is no awareness about the competitive examination. So, the college established Competitive Examination Study and Guidance Centre.

4. **The Practice:**

Between the academic year 2018-19 to the academic year 2022-23, Arts and Science College Sawarde and Sahyadri Krida Prabodhani run by Radha Govind Foundation opened Competitive Exam Study Center to all the admitted and external students. Interested students enroll their name for preparation of competitive examination. Every year more than 50 students are admitted on the basis of their sincerity. There are 98 books, magazine, daily newspapers, E- sources available in the center. The cost of these books is Rs.18845. Free library facilities were made available to the students. Special coaching regarding competitive examination is given as per their requirement.

The above activities in the college received a great response from the alumni. Many students of this activity joined government and semi-government services. Due to these students, role models were created for the youth of the society.

**Following is the photo of best Practice:**



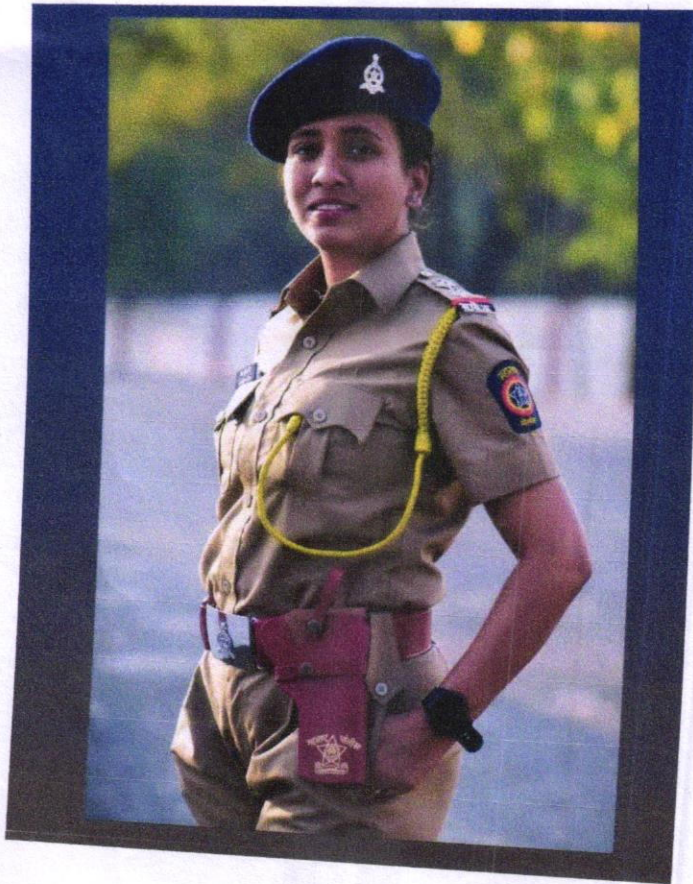


### 5. Evidence of success :

The center, through its carefully planned and executed activities, met the objectives for which it was established as follows:

- The students have taken active participation in various competitive examinations.
- Students expressed their satisfaction over democratic ways of behavior and safety in the college campus.
- The students are inspired to participate in different activities like Quiz Competition, Debate, Elocution, Group Discussion etc.
- The success of this center has been seen highlighted from following information

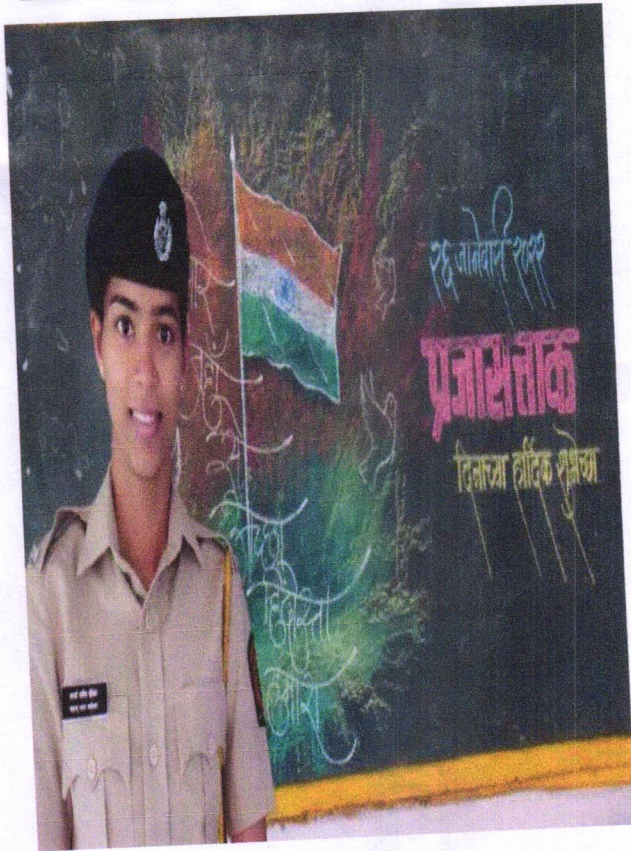
**Following are the names and photos of the students who have successfully benefited from the above initiative:-**



**Name of Student - Miss. Tejal Shinde**  
**Post - Police Sub –Inspector**



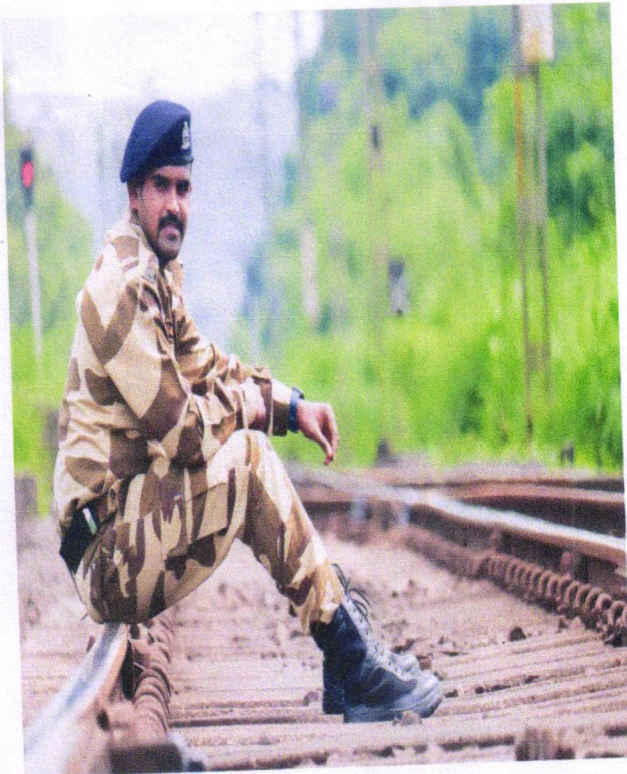
Name of Student – Miss Savita jadhav  
Post- Maharashtra Security Force Mumbai



Name of Student – Miss Arati Khedekar  
Post- Forest Guard



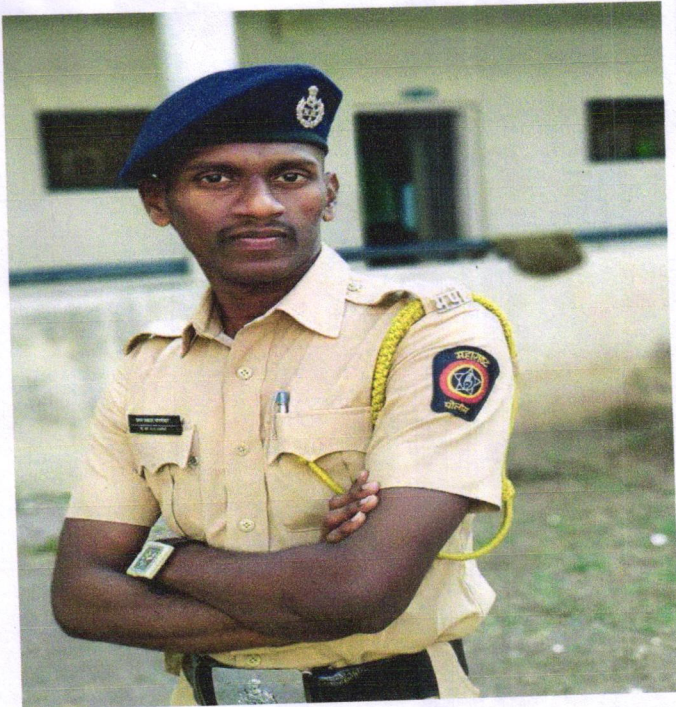
**Name of Student – Miss Kalpana Bhagade**  
**Post- Maharashtra Police Mumbai**



**Name of Student – Mr. Shiva Chavan**  
**Post- Maharashtra Security Force**



**Name of Student - Mr. Nilesh Dike**  
**Post-Police Commando**



**Name of Student - Mr. Pavan Pangrikar**  
**Post- Maharashtra Police Ratnagiri**

Mr.Pankaj Mangesh Dahiwalkar  
Designation: Fireman







**Dinesh  
Sawardekar  
Post:Fireman**

डी. वी. सावर्डेकर

सुबेदार

F  
1



Name of Student – AkshyakumarChavan  
Post- B.M.C. Mumbai

#### 6. Problems encountered and resource required :

- There is a need of special computer system with high speed internet/ Wi-Fi connectivity.
- Advanced competitive examination books, software and r-resources should be purchased every year.

#### 7. Conclusion:

The Competitive Examination Study and Guidance Centre, conducted by the College & Sahyadri Krida Prabodhini, has been instrumental in empowering students to excel in competitive exams from the academic year 2018-19 to 2022-23. Through a combination of comprehensive syllabus coverage, expert faculty guidance, structured study plans, mock tests, resourceful learning materials, holistic development initiatives, and alumni engagement, the center has consistently nurtured talent and facilitated academic success. As the journey continues, the center remains committed to fostering excellence and shaping the future leaders of tomorrow.